

1

Judías verdes rehogadas
Tortilla de patatas
Tortilla de atún
Helado
Sauteed green beans
Potato Omelette
Tuna Omelette
Ice-cream

4

Crema de zanahorias
Carne en salsa
Albóndigas
Fruta

Carrot cream
Meat in sauce
Meatballs
Fruit
11

Crema de calabacín
Pollo en salsa
Pollo al ajillo
Fruta

Courgette Cream
Chicken in sauce
Chicken with garlic
Fruit

18

Espirales con chorizo y
tomate
Sepia rebozada
Atún a la plancha

Pasta with chorizo in
tomato sauce
Breaded cuttlefish
Grilled tuna

25

Ensalada de pasta
Empanadillas de atún
Fruta

Pasta salad
Tuna pastry
Fruit

5

Ensalada campera
Pollo empanado
Pollo a la plancha
Helado

Potato Salad
Breaded Chicken
Grilled Chicken
Ice cream
12

Ensalada de pasta
Salmon a la plancha
Yogur

Pasta salad
Grilled salmon
Yogourt

19

Ensalada de judías blancas
Lacón al horno con patatas
Lácteo

White beans salad
Roast lacon with potatoes
Diary product

26

Arroz con tomate
Merluza rebozada
Natillas de vainilla

Rice in tomato sauce
Breaded hake
Vanilla custard

6

Lentejas burgalesa
Pescado rebozado
Pescado a la plancha
Fruta

Stued lentils
Breaded Fish
Grilled fish
Fruit
13

Salteado de verduras
Salmon a la plancha
Empanada de atún
Helado

Sautee vegetables
Bacon and cheese pastry
Tuna pastry
Ice cream

20

Crema de verduras
Merluza a la andaluza
Rape al horno
Fruta

Vegetables cream
Andalusian hake
Roast monkfish
Fruit

27

Judías verdes con jamón
Salchichas de pavo
Fruta

Green beans and ham
Turkey sausages
Fruit

7

Patatas con choco
Huevos con bechamel
Tortilla de jamón
Fruta

Potato with Cuttlefish
Boiled eggs in bechamel sauce
Ham omelette
Fruit
14

Patatas con merluza
San Jacobo
Escalope a la plancha
Fruta

Patato and hake stew
Breaded ham and cheese
Grilled escalope
Fruit

21

Brócoli con patatas rehogado
Fingers de mozzarella
Jamón a la plancha
Fruta

Sautee broccoli with boiled potatoes
Mozzarella fingers
Grilled ham
Fruit

28

Crema de calabacín
Albóndigas con tomate
Fruta

Courgette cream
Meatballs in tomato sauce
Fruit

8

Arroz con tomate
Cazón en adobo
Bacalao al horno con pimientos
Fruta

Rice in tomato sauce
Marinated dogfish
Oven Roasted cod with peppers
Fruit
15

Ensalada mixta
Arroz con pollo
Fruta

Mixed salad with tuna and boiled eggs
Chicken and rice
Fruit

22

Arroz con tomate,
salchichas y huevo frito
Postre especial
Refrescos

Rice with sausage and fried eggs in tomato sauce
Special dessert
Soft drinks

29

Ensalada de patatas y pavo.
Croquetas de jamón
Fruta

Boiled potatoes and turkey salad
Ham croquette
Fruit